



# 2018 Annual Conference

*Making the Business Case for Total Population/Worker Health*



**November 1st, 2nd & 3rd, 2018**

Delaware County Board of Developmental Disabilities  
Conference Center

Lewis Center (Columbus), Ohio

## **Who Should Attend?**

- Occupational Health Nurses
- Safety Professionals
- Human Resource Professionals
- Nursing Consultants
- Workers' Compensation Case Managers
- Occupational Health Personnel

## **Learn More At:**

[www.oaohn.org](http://www.oaohn.org)

Phone: 614-226-4206

Fax: 614-573-7866

E-mail: [oaohnconference@gmail.com](mailto:oaohnconference@gmail.com)

## Exhibiting/Sponsorship Information

In supporting OAOHN you are not only funding important programs, but also helping us to provide the training/education that creates the talent who will continue to work in the Occupational Health Profession. We rely on the generous sponsorship of organizations and companies like yours to assure that we can offer a quality event at the lowest possible cost to participants. Thank you for considering supporting us!

[CLICK HERE TO READ MORE ABOUT SPONSORSHIP OPPORTUNITIES](#)

## Continuing Education Credits

This continuing nursing education activity was approved by the Ohio Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) Approval valid through (8/20/2020) Assigned ONA #21604.

## Message from the 2018 OAOHN President



Welcome to this year's Annual Ohio Association of Occupational Health Nurses (OAOHN) Conference - "Total Population Health". The focus is on improving the health of populations by promoting health, preventing disease, and addressing health inequities. I'm proud and excited to begin my term as President for OAOHN, thank you all who supported me. I have been with this association since 1996 and it has been a lifeline for my profession as an occupational health nurse. This Annual Conference is a great chance for all of you to network and get those needed CE's for your licenses.

My vision for Ohio's organization is to engage with other nurse (retired & experienced), HR personnel, your local safety councils BWC, and EHS people to share and provide this current information we are presenting. Throughout this conference I ask you to stay engaged and share with all of us what we need to offer to our nurses and other professionals in this field of work. We are proud again for you to connect with multiple Exhibitors and learn more about their company Thursday evening and on Friday. Enjoy your time spent at the conference with learning, networking and making new friends.

*Noreen M. Dimmerling, RN, COHN, CCM*

*Cell Phone: 330-280-3110*

*Email: [nmd101455@gmail.com](mailto:nmd101455@gmail.com)*

## Message from the 2018 Conference Chair



On behalf of the conference committee I want to welcome you to The Ohio Association of Occupational Health Nurses Annual Conference. We have an exciting conference planned around Making the Business Case for Total Population Health. Our goal is that you will leave the conference with the knowledge and tools to develop programs around this exciting topic. Research has shown that we need to look at the total person when giving care. Today, chronic illness once thought to be unrelated to the workplace has now been identified as work-related. We are kicking off the conference with an overview of how a total population health concept can improve health outcomes in your practice.

We are excited that many of our Exhibitors are joining us again this year; Our Exhibitors are great supporters of workplace health, compliance and safety and we want you to take advantage of their expertise. Our legislative update will keep you abreast of OSHA compliance, along with federal and state issues that may affect your practice in work-place health and safety. Enjoy the conference and let us know of any areas of interest you may have in the future to support your career in Occupational Health.

*Lavita Ewing, RN, COHN-S*

*Email: [lavitaewing@gmail.com](mailto:lavitaewing@gmail.com)*

# OAOhN 2018 Annual Conference Agenda

## Making the Business Case for Total Population/Worker's Health

November 1<sup>st</sup> – 3<sup>rd</sup> in Columbus, OH

### Thursday, November 1<sup>st</sup>

*4.0 hours of continuing education contact hours for Nurses have been APPROVED*

- 12:30pm - 1pm: Conference Registration Opens
- 1pm - 3pm: Keynote Speaker – Kathleen Herath with Nationwide – *The Occupational Health Nurses Role In Total Population Management*
- 3:00pm – 3:15pm: Break
- 3:15pm – 4:15pm: Dr. Brent Pawlecki with Goodyear – *Creating a Culture of Health*
- 4:15pm - 5:15pm: Dale Bugay with Occupational Accountable Care, LLC - *Demonstrating The Value of Occupational Accountable Care That Improves the Health and Productivity of Employed Populations*
- 5:15pm - 6:30pm: Networking/Hors d'oeuvres/Visit with Exhibitors

### Friday, November 2<sup>nd</sup>

*7.0 hours of continuing education contact hours for Nurses have been APPROVED*

#### **EXHIBITOR DAY!!!!**

- 7am - 8am: Registration, Breakfast, Visit Exhibitors, Network
- 8am - 9am: Tammy Allen with OhioHealth – *The ROI Of On-Site Occupational Health Services*
- 9am - 10am: Teresa Andreani, MA with Work In Progress Consulting Group - *7 Truths About Substance Use Disorders - A Candid Conversation About Alcoholism, Addiction, Recovery & the Workplace*
- 10am - 10:15am: Break, Visit Exhibitors, Network
- 10:15am – 11:15am: Michelle Bach & Marc Fleischauer with Coolidge Wall Co., L.P.A. – *The Tricky Triangle of ADA, FMLA & Workers Comp.*
- 11:15am – 12:15pm: Rick Wickstrom, PT, DPT, CPE, CDMS with WorkAbility.us - *Promoting Musculoskeletal Fitness Through Movement Screening*
- 12:15pm - 1:15pm: Lunch, Visit Exhibitors, Network
- 1:15pm - 2:15pm: Melissa Linton with Columbus OSHA – *OSHA Update*
- 2:15pm - 3:15pm: Beverly Hittle MSN, RN, University of Cincinnati - *Understanding the Intersection of Sleep and Shift Work*
- 3:15pm - 3:30pm: Break, Network
- 3:30pm - 4:30pm: Kelli Schweitzer with Ohio Nurses Association – *Social Media & Professional Boundaries (The Ohio Nurses Association is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation. (OBN-001-91) ).*

*3.0 hours of continuing education contact hours for Nurses have been APPROVED*

### Saturday, November 3<sup>rd</sup>

- 7:30am - 8am: Registration, Breakfast and Networking
- 8am - 9am: OAOhN Business Meeting (requesting all members to attend)
- 9am - 10am: Florence Drayden, MHS, BSN, RN & Fran Burrows, M.Ed., RN, COHN-S - *Legislative Updates*
- 10am - 10:15am: Break
- 10:15am - 11:15am: Shanna Dunbar, RN, COHN-S with Workplace Health, Inc. – *How Case Management Can Serve Business*
- 11:15am -12:15pm: Bill Streetman with WHS NewLife - *Escaping The Prison Of Obesity*

CONFLICT OF INTEREST - There is no conflict of interest for anyone with the ability to control content for this activity.

## Our Speakers for Thursday, November 1st



**Kathleen Herath**

*The Occupational Health Nurses Role In Total Population Management*

We will discuss the program overview, implementation, and the data outcomes evaluating the effectiveness of the targeted interventions. The presentation will contrast the health profiles of those in need of intervention by geographic location and examples of specific population health care plans. This will include the specific data outcomes on the changes in the health risks, workplace productivity profile, the disease prevalence and health care spend. The overall impact of the nursing process imbedded within the total population management will be examined, as well as lessons learned in moving occupational health nurses into this critical role.



**Dr. Brent Pawlecki**

*Creating a Culture of Health*

As the Chief Health Officer of the Goodyear Tire and Rubber Company, Dr. Pawlecki led the effort to support a healthy, engaged and high-performing workforce by helping to build a culture of health. In this discussion, he will focus on the foundation created on which the company continues its efforts to maximize the health and wellbeing of Goodyear's associates and their families, to improve quality of life, empower productivity and manage costs.



**Dale Bugay**

*Demonstrating The Value of Occupational Accountable Care That Improves the Health and Productivity of Employed Populations*

In today's evolving employment environment occupational health providers need to demonstrate value to employers through total "accountable care" metrics. Employers are interested in maintaining a healthy and productive work force as they experience an aging workforce, low unemployment and competitive employee recruiting. Most employers today have job openings they cannot fill and they are transitioning from "screening applicants out to coaching applicants in" with quality benefits and services.

Learn how to engage with the total cost of employee health and disability by integrating employee benefits and safety. Workers' Compensation claims are diminishing however, non-work related medical and disability claims are increasing. As a quality occupational health provider we need to become accountable for the total health and satisfaction of the employee population.

## Our Speakers for Friday, November 2nd



**Tammy Allen** *The ROI of On-Site Occupational Health Services*

Return on investment – employers are looking for return on investment to justify the cost of programming. This presentation will provide details of both hard and soft dollar savings that can be captured to demonstrate the value of on-site programming, disability management, and prevention.



**Teresa Andreani, MA** *7 Truths About Substance Use Disorders - A Candid Conversation About Alcoholism, Addiction, Recovery & the Workplace*

It's no secret that substance use disorders are one of the most prevalent and expensive medical conditions affecting the workplace. Identifying affected employees and offering options for treatment are the right first steps. So, what's next? Because substance use disorders are among the most highly stigmatized mental health disorders, the stress experienced by persons trying to conceal their condition is extraordinary. Drawing on the presenter's research and on her lived experience as a person in long-term recovery, we'll debunk some common myths, address stigma and workplace situations that can negatively impact persons in recovery, and explore some strategies for creating a recovery-friendly workplace.



**Michelle Bach & Mark Fleischauer**

*The Tricky Triangle of ADA, FMLA & Workers Comp.*

This presentation will educate employers regarding how to handle an employee's absence from work under the ADA, FMLA and Ohio Workers' Compensation law. The protected class under each law will be explained, along with the benefits provided by each law. The similarities and differences between the three laws will be explored. A detailed hypothetical will be discussed at the end in order to illustrate how these laws should be applied in real life.



**Rick Wickstrom, PT, DPT, CPE, CDMs**

*Promoting Musculoskeletal Fitness Through Movement Screening*

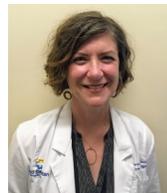
Musculoskeletal disorders are the greatest contributor to lost workforce productivity. This presentation will discuss the evolution of movement screening to promote musculoskeletal health, follow-up triage for suitable physical activity and pain management, and applications that related to post-offer fitness screening, wellness, and post-injury care. The presentation will include a brief demonstration of the WorkAbility Movement Screen.



**Melissa Linton**

*OSHA Updates*

The presentation will cover OSHA's current OSHA initiatives and current enforcement activities including an update on several OSHA standards such as 1904 recordkeeping.



**Beverly Hittle, MSN, RN**

*Understanding the Intersection of Sleep and Shift Work*

Shift work is inevitable in many workforces, yet it can be very disruptive to a worker's sleep cycle causing shorter sleep duration and poor sleep quality. Sleep difficulties can lead to decreased cognition, increasing the risk of occupational accidents and injuries. Evidence also suggests these workers are at increased risk for development of chronic health conditions, such as Type 2 diabetes, hypertension, heart disease, and certain cancers. This presentation will review how shift work interferes with worker sleep, the associated health and safety risks, and steps workers and management can take to decrease these risks.



**Kelli Schweitzer**

*Social Media and Professional Boundaries*

We will discuss the legal and ethical issues that arise with the increased use of Social Media. This Category A presentation is not intended as legal advise.

## Our Speakers for Saturday, November 3rd



**Fran Burrow, M.Ed., RN, COHN-S**

### *Nursing Update*

This presentation will give an update of Federal legislative issues that affect workers health and safety. Those areas that are of concern on the National level that are being discussed through AAOHN's legislative committee will also be addressed. This presentation will include key features of The Health and Affordability Act and where we are today with final implementations. OSHA regulatory updates will include combustible dust, confined spaces, slips and fall prevention, PPE and more.



**Florence Drayden, MH, BSN, RN**

### *State Legislative Update*

This presentation is an update on current legislation being considered by the Ohio Congress concerning all aspects of nursing. At this time delegation of authority to dispense medications by non-nurse personnel is a major issue. Additionally, the Nursing Licensure Compact is still under consideration.



**Shanna Dunbar, RN, COHN-S**

### *How Case Management Can Serve Business*

Do you know the importance of using case management for both employee occupational and non-occupational injuries and illnesses? This session will explore ways that Case Management will benefit any size employer. The objectives will cover:

- The role of the nurse in case management
- Benefits of safe return to work as quickly as possible for the injured worker and employer
- Ensuring quality and efficacy while controlling costs



**Bill Streetman**

### *Escaping the Prison of Obesity*

Over a third of all adults in the USA are Obese... Nearly 70% are Overweight. Obesity is a root cause of many life-ending illnesses and diseases, a source of great medical costs, and the foundation of a declining quality of life across the USA.

Nobody voluntarily walks into the prison of Obesity. Its usually a long and seductive journey into the trap of obesity. Our society and culture will hypnotize our body, our mind and our spirit into accepting Obesity as our reality... something we simply deal with rather than managing and defeating. Something that happens TO us, rather than something we can control and manage.

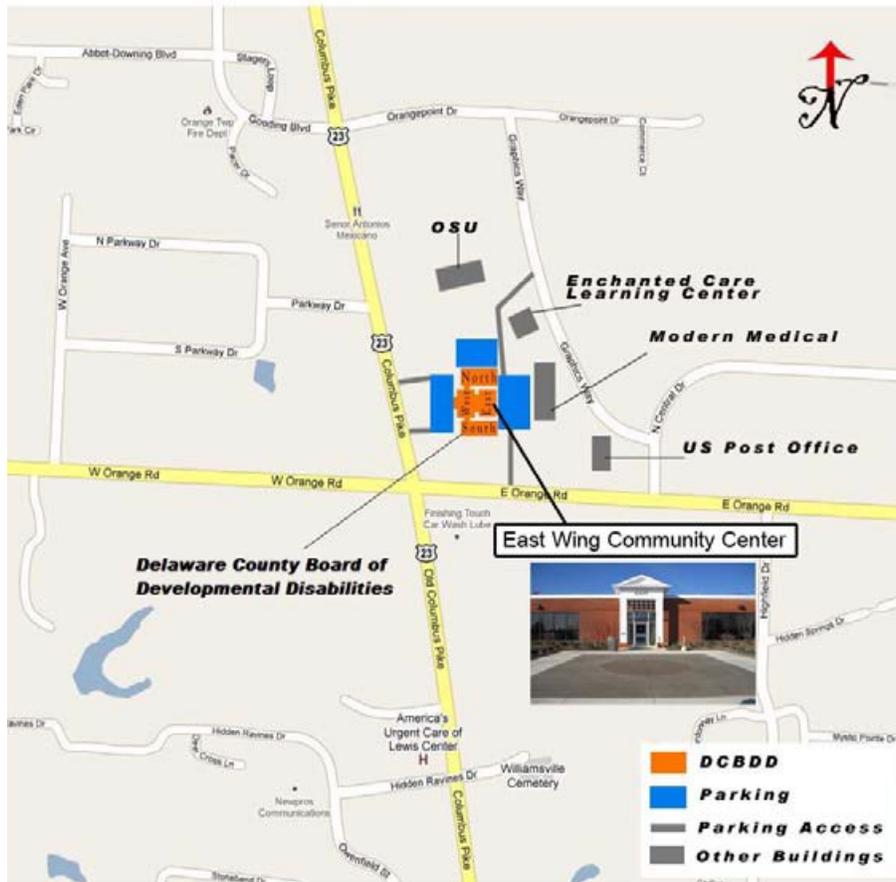
# CONFERENCE LOCATION

East Wing Center

151 East Orange Road

Lewis Center (Columbus), Ohio 43035

*The East Wing Center is part of the Delaware County Board of Developmental Disabilities.*



**From North – US 23 and US 36/US 37 in Delaware, Ohio (9 Miles)** There are two options to enter the site. First, from US 23 (Columbus Pike) you may make a left turn at the traffic light at Orange Point Drive, turn right on to Graphics Way and right at the sign for Ohio State University. Second, you may continue on US 23 until you see the building on the left then you will make

a left turn without a signal light across two lanes into the drive by the pond. Drive to the East side of the building to park.

**From South – US 23 and I-270 (4.5 Miles)** Take US 23 North then turn right on to East Orange Road then turn left at the first drive.

**From I-71 via Polaris (4.3 Miles)**

Take Polaris Parkway West to US 23 (Columbus Pike) and turn right (North). Take US 23 North then turn right on to East Orange Road then turn left at the first drive.

# HOTEL INFORMATION

OAOhN Is Proud To Partner With Holiday Inn Express & Suites  
For Our Annual Conference



Holiday Inn Express & Suites

8670 Orion Place

Columbus, OH 43240

614-781-6100

Room Block is under OAOhN Fall Conference

\$109.00 Plus Tax Per Night

To receive this room rate reservations must be received before the cutoff date of 10/5/18.  
Room block is limited so make your reservation TODAY!

## CONFERENCE CANCELLATION POLICY

### Cancellation Policy:

Registrant substitutions may be made at any time with no penalty. Cancellations received in writing on or before October 19, 2018 will receive a refund minus a \$30.00 administrative fee. Cancellations received after October 19, 2018 will not be refunded. OAOhN reserves the right to cancel the conference due to lack of registrants. In case of conference cancellations, OAOhN's liability is limited to the refund of the conference registration fee only. OAOhN reserves the right to alter this program without prior notice. For questions on the cancellation policy, please contact Shanna Dunbar at 440-463-6921 or [oaohntreasurer@gmail.com](mailto:oaohntreasurer@gmail.com).



# REGISTRATION FORM



Interested in registering and paying via Credit Card? [Click HERE to REGISTER AND PAY NOW!](#)



**Register Before September 1st To Get Your Name In Our Raffle For A Free Registration For The 2019 OAOHN Annual Conference! Winner Will Be Drawn On Saturday, November 3rd.**



Full Name (Please Print) \_\_\_\_\_

RN/LPN License # (If App.) \_\_\_\_\_ AAOHN Member # (If App.) \_\_\_\_\_

Company/Org. \_\_\_\_\_

Address, City, State, Zip \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Member:

- 3 Day Conference \$225.00
- Thursday or Saturday ONLY (Circle Day Preferred) \$100.00
- Friday Only \$175.00

### Non-Member:

- 3 Day Conference \$350.00
- Thursday or Saturday ONLY (Circle Day Preferred) \$150.00
- Friday Only \$225.00

### Student/Retiree:

- 3 Day Conference \$175.00
- Thursday or Saturday ONLY (Circle Day Preferred) \$100.00
- Friday Only \$150.00
- Pricing AFTER September 30, 2018 - All rates above - ADD \$25.00

### **TOTAL DUE**

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Payment must accompany registration. Checks should be made payable to OAOHN and mailed to:

OAOHN  
Attn: Shanna Dunbar  
14022 Sycamore Circle  
Strongsville, OH 44136